

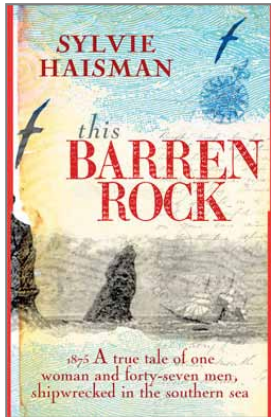
non-fiction

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OCTOBER 2010

 HarperCollins Publishers





This Barren Rock
SYLVIE HAISMAN

Biography
June 2010
9780733325557
234 x 153mm PB
256pp TBC
Rights: World

A true tale of shipwreck and survival ...

One woman, forty-seven men and a three-year-old boy, shipwrecked on a tiny sub-Antarctic island. For seven months they eat albatross and burn penguin skins for fuel, before a passing whaler picks them up.

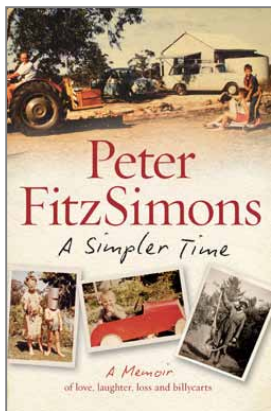
The woman was my great-great-great-grandmother Fanny Wordsworth. She and her son Charlie were migrating from Scotland to New Zealand. Two months out, their ship struck a rock in the Roaring 40s, halfway between Antarctica and Madagascar...

In 1875, a Scottish clipper, the *Strathmore*, sailed from London destined for New Zealand. Three months later after rounding the rugged Cape of South Africa, and now far to the south, the ship struck rocks and sank. Half the passengers and crew on board managed to make it to one of Antarctica's inhospitable Crozet Islands. There they remained stranded for over seven months.

Writer Sylvie Haisman discovered that her great-great-grandfather Charlie Wordsworth and his mother, Fanny, were two of the survivors. Fascinated, she dug up old photos and found diaries and letters that they'd written immediately following their rescue. Over 130 years later, Sylvie imagines how it would have been for her distant relatives, and portrays a vivid tale of courage, pluck and patience in the sub Antarctic in this compelling true story of survival and the effects of deprivation on the human spirit.

- Gripping historical narrative non-fiction, carefully researched from primary sources.
- A strong story and fabulous cast of characters combine with a wealth of detail about ships and travel in the nineteenth century.
- Personal element to the story - the main character, Fanny Wordsworth, is the author's great-great-great grandmother.

'In a word: engrossing' *Townsville Bulletin*



A Simpler Time
PETER FITZSIMONS

Memoir
August 2010
9780732288044
234 x 153mm PB
384pp
Rights: World

An affectionate and hilarious tribute to the childhood of another era

'It still amazes me what they allowed us to do without their supervision or help, while remaining deeply loving parents. Climb trees, from the age of four or five? No problems. Drive the tractor from the age of six or seven onwards? Good luck to you. Haul on the hoist to pull the bins filled with oranges off the trailer? Yes. Take your bike out on the Pacific Highway and ride to school? Just be careful, but okay ...

Their rough reckoning was that if we thought we could do something, we probably could – and if we thought we couldn't do something, we probably *still could, if we applied ourselves.*'

Peter FitzSimons' account of growing up on the rural outskirts of Sydney in the 1960s is first and foremost a tribute to family. But it is also a salute to times and generations past, when praise was understated but love unstinting, when work was hard and values clear, when people stood by each other in adversity.

Above all, in the FitzSimons home, days were for doing. In this rollicking and often hilarious memoir, Peter describes a childhood of mischief, camaraderie, eccentric characters, drama – and constant love and generosity. The childhood of a simpler time.

'FitzSimons knows the value of a good yarn, and this book contains some great ones'
Bookseller + Publisher

Peter FitzSimons is a journalist with the *Sydney Morning Herald* and *Sun-Herald*. He is the author of nearly twenty books - including biographies of Charles Kingsford Smith, Nancy Wake, Kim Beazley, Nene King, Nick Farr-Jones, Steve Waugh and John Eales - and was Australia's bestselling non-fiction writer in 2001, 2004 and 2006.

Mezza Italiana: An Enchanting Story about Love, Family, La Dolce Vita and Finding Your Place in the World

ZOE BOCCABELLA

Biography

April 2010

9780733329548

190 mm x 135 PB,

304 pp

Rights: World

Beautiful writing, gorgeous settings, mouthwatering food and heart-warming themes of acceptance and endurance make *Mezza Italiana* a very special journey into the soul of Italy, and into a family you'll never forget!

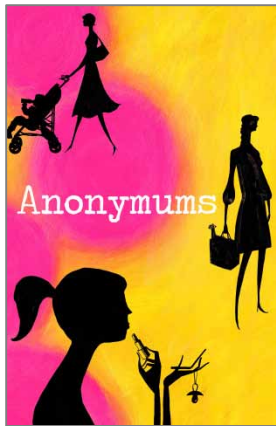
Zoë Boccabella grew up in Brisbane in the 1970s and 80s. Back then, it was mostly an Anglo- town – if you wanted to fit in, you did not bottle tomatoes, have plastic on the hallway carpet or a Glory Box of Italian linen tablecloths.

As a teenager, Zoë wanted to be like everyone else. She refused to call her grandmother Nonna, resisted learning Italian, and even dyed her dark hair blonde. But she could not shake the unsettling sense of feeling 'half-and-half' – unable to fit fully into either culture, or to merge the two.

Then Zoë travels to Italy to stay in the house that has belonged to her family for several centuries. It sits high in the mountains in the village of Fossa in Abruzzo, an hour and a half north-east of Rome. The Abruzzo region is the stuff of fairytales – castles, dark forests, serpent charmers and witches (Zoë's great grandmother was the village witch). Family stories come to life and as Fossa casts its spell, Zoë begins to understand the courage of those who migrated and the preciousness of holding onto her ancestral culture. Then the earthquake hits, and in the wake of the devastation Zoë discovers the importance of endurance – in people, in places and in traditions.

Beautifully written, sprinkled with recipes and laced with love, *Mezza Italiana* is a heart-warming journey into the soul of Italy, and into a family you'll never forget.

Zoë Boccabella has worked as a writer and researcher for universities, the government and ad agencies. She has a Bachelor of Arts degree in literature and sociology, and a Master of Philosophy in diasporic writing.



Anonymums

ANONYMUMS

Gifts/ Memoir

March 2011

9780732291693

210 x 135 mm PB

208pp

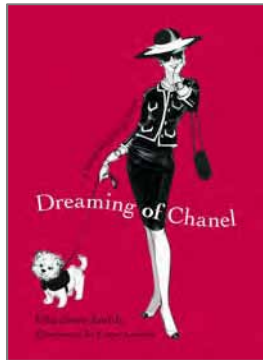
Rights: World

Behind their bright smiles, devoted coo-ing and toting of twenty types of nutritious snack, there are mothers – mothers who believe that a crisis of confidence is something that happens to other people – who are wondering what the hell happened to their lives. These are not secret booze-hound women. They are not seeking to run away from their families or cheat on their husbands. They are intelligent, independent women who have jobs and friends, who used to have full, creative lives and are now excited by green milk and no-scrub cleaning products.

Mum A, Mum B and Mum C (the Anonymums) are three professional women – two of them published writers, the other an academic – who adore their children and realise they have fortunate, protected lives but who yearn for ... something. It could be excitement; it could be change. It could be a creative challenge.

The women appointed a time, lied to their husbands, shut their bedroom or office doors and started to type. It was a meeting of minds – and a creation of personalities. Their real names were never to be used; their real families and friends would never know what they were doing. And what they were doing was truth and dare.

By turns jaw-achingly funny, touching, sad and sensible, *Anonymums* is the must-have tome for all mothers – and anyone thinking about becoming a mother. But just don't ask the Anonymums to reveal their identities – they can't. Their husbands still don't know.



Dreaming of Chanel
CHARLOTTE SMITH & GRANT COWAN

Gift/ Memoir
November 2010
9780732292072
204 x 160mm HB
304 pp, 4c x 4c
Rights: World
Rights sold: North America



Dreaming of Dior
CHARLOTTE SMITH

Gift/ Memoir
November 2009
9780732290399
197 x 144mm HB
288pp, 4c x 4c
Rights: World
Rights sold: North America

After the stunning success of *Dreaming of Dior*, Charlotte Smith offers another irresistible glimpse inside the wardrobe every woman would love to own

Inheriting a priceless vintage collection sounds like every woman's dream come true.

But when Charlotte Smith discovered that her American godmother, Doris Darnell, had made her custodian of more than three thousand pieces dating from 1790 to 1995, including originals by Chanel and Dior, she was more than a little daunted.

From the moment Charlotte uncovered her first treasure, an exquisite 1920s evening dress, she was enchanted. But when she found her godmother's book of stories, the true value of her inheritance hit home. This wasn't a mere collection of beautiful things, it was a precious collection of women's lives. Tiny glimpses of our joys and disappointments, our entrances and exits, triumphant and tragic.

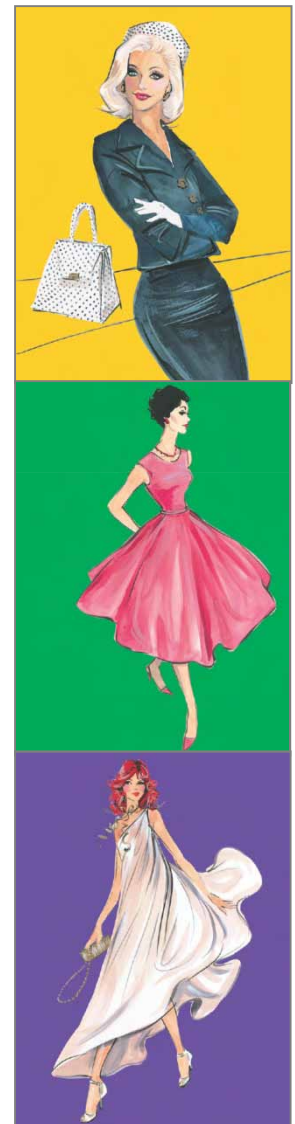
In *Dreaming of Dior*, Charlotte shared some of her treasures and the stories of the women who wore them for the first time.

Now, in *Dreaming of Chanel* with special appearances by Chanel, Vivienne Westwood, Zandra Rhodes, Pucci, Akira and many more, Charlotte offers another unforgettable glimpse inside the magic wardrobe every woman would love to own.

Charlotte Smith is the custodian of a priceless vintage clothing collection, The Darnell Collection, she inherited from her Quaker godmother, Doris Darnell. Born in Hong Kong and raised in the US, Charlotte has a degree in art history and has lived and worked in the US, England and France. She now lives in Australia. After studying fashion design Grant Cowan moved to London to further his career and has worked as an illustrator on magazines like *Harper's Bazaar*, *Elle*, *Glamour* and *Red Magazine*.

'This beautiful book will inspire those who love to dress with flair, and is a must for high street window displays'

Bookseller +Publisher (4 stars)



Mummy Manners

LISBETH GORR

MEMOIR/ HUMOUR

April 2011

9780732292379

210 x 135 mm PB

224pp

Rights: World

So you thought dealing with your own mother was a challenge? Try dealing with someone else's ...

Libbi describes *Mummy Manners* as a humorous and insightful tome to help new mothers navigate a course through the maze of etiquette, morals and madness that comes from dealing with All The Other Mothers you will encounter whilst rearing your own precious child.

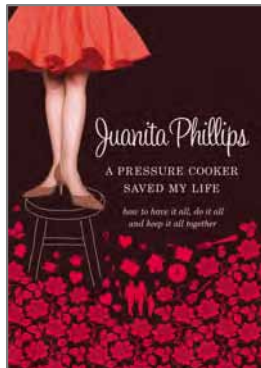
'Because your child will have friends. And those kids will have mothers. And your friends will have babies. And become other people's mothers. And other people's mothers have opinions on everything, whether you request them or not. And whether you like it or not. You'll be surprised what hits your fan'.

In a funny yet insightful way, Libbi would like to press all those buttons in a book that delivers home truths about the relationships, bumps and humps that arise between mums, on the playing field of motherhood that is never level, fertilised as it is by hormones and love.

The universal selling points of this book are motherhood, relationships and finding the laughs within.

Think of this book as Debrett's *A-z Of Modern Manners* crossed with elements of Christos Tsolkias's *The Slap* and Rachel Oakes- Ash's *Anything She Can Do, I Can Do Better*. This is a book that delves into female competition but is ultimately about friendship – making friends as a mother and keeping them. For never have trusted loyal friendships been more important or crucial, than in the role as a mum.

Lisbeth (Libbi) Gorr is a broadcaster, writer and performer who has long delighted audiences with her fearless take on social issues. She trained as a lawyer but was reared as a comic delighting international audiences.



A Pressure Cooker Saved My Life

JUANITA PHILLIPS

MEMOIR

April 2010

9780733325885

272 x 245mm PB

272pp, 4c x 4c

Rights: World

Part survival guide, part cookbook, these candid confession of a failed supermum offers practical tips for anyone searching for a calmer, simpler, healthier life.

When Juanita Phillips stumbled on an old pressure cooker in an op shop, it changed her life. As a frantically busy working mother, she was desperate for solutions to that modern dilemma: how to juggle kids, career, housework and marriage. The pressure cooker helped her solve one of the biggest problems – preparing daily healthy meals – but that was just the beginning. She and her husband decided to transform their chaotic life in other ways too, and where it led them was surprising.

Includes:

- The Amazing 7-Minute Risotto and other pressure cooker recipes
- How to find more than 24 hours in a day

'a fun and frank autobiographical insight into the life of a failed supermum who found salvation in an op shop vintage pressure cooker. Reliable and easy to relate to advice' *Readers Digest*

'some good suggestions, some thought-provoking ideas and some easy and delicious looking recipes' *Townsville Bulletin*

'Full of time-saving ideas and practical advice, *A Pressure Cooker Saved My Life* just might help save yours.' *Newcastle Herald*

Juanita Phillips is a broadcaster, writer and mother. She is currently the anchor of ABC TV's flagship seven o'clock news in Sydney.

Meet the Mogmogs

JENNIFER BARRIE

Travel Memoir

May 2011

9780732292430

234 x 153 mm PB

288pp

Rights: World

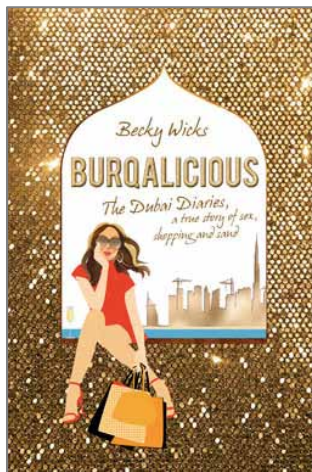
An Australian family is shipwrecked on the island of MogMog in Micronesia

'It all ended with a shipwreck. Ten years of planning, dreaming, plotting and scheming – gone in one night. Who even heard of shipwrecks these days? This is the 21st century, not the 1800's. But, happen it did, to a modern, mostly normal family from Western Australia. Now, home is a remote island in Micronesia that *Lonely Planet* states is inhabited by some of the world's most remote people – and us. Our beloved boat, *Windrider*, is now seated indecorously on the coral beach with her bum ripped out, rudders bent through ninety degrees, engines out and systems largely rendered useless. The morning after, we sat on the beach looking at our boat. Was this the end? Could something be salvaged? Andrew has a saying – actually he has lots – but this one is that it is possible to eat an elephant as long as you do it one bite at a time. So we set about our elephant, hoping we weren't going to get stomped on'.

With a combined boating experience of sixty-five years, Jennifer Barrie and her husband Andrew were confident that they were unlikely to hit any major snags after setting out on their dream voyage – sailing their beloved *Windrider* around the Pacific.

In early 2010, Jennifer and Andrew, along with their two young daughters, washed up – literally – on the tiny island of Mogmog in Micronesia. Fortunately for the Barrie family, Mogmog is inhabited by a bunch of very friendly locals ... or at least that's what they initially thought!

This is the true story of a modern day Swiss Family Robinson who lived to tell the tale of surviving a shipwreck and months stranded on one of the world's most remote islands. Paradise isn't always what it seems...



Burqalicious: The Dubai Diaries

BECKY WICKS

TRAVEL MEMOIR

Month 2011

9780732292485

234 x 153 mm PB

320pp

Rights: World

A true story of sex, shopping and sand.

As a sassy young woman used to blagging, blogging and slogging her way through dreary London, the call of a glamorous, tax-free lifestyle in sunny Dubai just couldn't go unanswered. During two and a half years, an entire city rose from the dust around Becky, along with a good few rungs of that hard-to-climb career ladder. She was a celebrity editor in a land where sex definitely does not sell and spent most nights in a five-star blur of champagne luxury. For two and a half years, Dubai gave Becky everything, but it all got a bit messy – not least because a wealthy jealous Arab made her his mistress. These days, shamed rule-breakers and failed entrepreneurs are a dime a dozen in Dubai, but it wasn't always so tragic. Becky lifts the burqa behind the razzle dazzle and what it was really like to live in the world's fastest up and coming city.

Becky Wicks, born in 1979, attended the Glead School for Girls, also known as 'The Virgin Megastore' in small town Spalding, Lincolnshire, England. She studied media production at Lincoln University, but was writing freelance from the age of 14.

She arrived in NYC in 2001 at age 21. She worked for a production company and wrote for a NYC restaurant guide, as well as a Brooklyn community mag (also dated the editor, who broke her heart). Back in London, from 2004 she worked for a travel and entertainment dot com which led her to theatre-land, interviewing West End actors and reviewing more restaurants.

***Hung Like an
Argentine Duck***
JOHN LONG

Popular science
September 2011

978073229273

210 x 135 mm PB

336pp

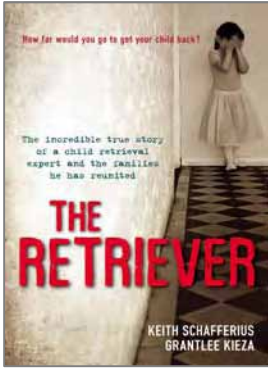
Rights: World except
US

A Journey Back in Time to the Origins of Sexual Intimacy

So what's this book about? It's a scientific but engaging look at how and why animals first became 'intimate' and where sex fits into the whole evolution theory. From the 42.5cm willy of the male Argentine duck to how snails and spiders reproduce – this is a fascinating book about well, sex and the ...

Dr. John Long discovered the Gogo Fish. What's that you say? It's a 380 million year-old fossilized armoured shark-like fish replete with a perfectly preserved embryo still attached by an umbilical cord. The Gogo is described as the oldest mother in the world and its discovery three years ago has pretty much rewritten evolutionary history. John is one of the world's leading palaeontologists. His find showed the first evidence of sexual behaviour in the prehistoric past. More fossils were discovered in the Kimberley region of Western Australia that showed strange spiky and bony willies of the first jawed vertebrates. Yes, there are huge implications for us two-legged mammals as these todgers are the alleged precursors to the modern penis.

Dr John Long is a palaeontologist and author. Currently Vice President of Research and Collections at the Natural History Museum of Los Angeles County.



The Retriever
KEITH SCHAFERUS & GRANTLEE KIEZA

Memoir

October 2010

9780733325410

Autobiography

234 x 153mm PB

288pp

Rights: World

A gripping mix of memoir, thriller and true crime, this is the powerful and moving stories of families torn apart by paternal abduction. It is the heartbreak and determination of left-behind parents, the children caught in the middle, and the man who played a part in bringing them home.

Clandestine meetings with CIA contacts, forged passports, the threat of being thrown in jail – all part of a day's work for the private investigator who has reunited over a hundred abducted children with the desperate parent left behind.

For more than three decades, Keith Schafferius has specialised in child retrieval cases, slipping into countries like Poland, Yemen and the Philippines to retrieve children taken overseas against court orders after the breakup of their parents' marriage.

Over the years Keith has built up a vast array of contacts, paid thousands of dollars in bribes to officials and been in many scary situations, including being shot at and pursued by police. This is Keith's remarkable, at times heart-rending, story – of his background as an airforceman and ASIO spy, and of the incredible and often unbelievable retrieval missions that have taken him to all parts of the world in his bid to reunite families torn apart by parental child abduction.

Keith Schafferius is Australia's longest-serving child retrieval specialist. **Grantlee Kieza** is the author of seven books.



Real Wild Child
NARELLE GEE

Autobiography

October 2010

9780733327858

234 x 153 mm PB

366 pp

Rights: World

What has the world's biggest musical acts done on Australia's most famous couch? This Unparalleled rock biography is packed with backstage anecdotes and music industry gossip!

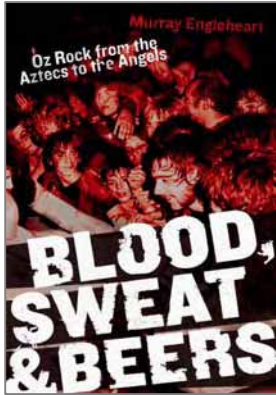
Real Wild Child is the story of a music obsessive who landed the job of her dreams programming a rock show. What followed were constant close encounters with the world's most popular bands and music artists.

Narelle Gee and the *rage* couch have shared many secrets. Over more than twenty years of *rage*, the couch has seen it all: the famous golden bottom of Kylie Minogue and the partly leather-clad, mostly bare buttocks of KISS rocker Gene Simmons; the contortions of Courtney Love; the tattooed muscles of Henry Rollins; the dark and light sides of Nick Cave, Trent Reznor, Gwen Stefani, Billy Corgan, Marilyn Manson, Michael Hutchence, Jack Black, Lily Allen, Green Day, Beastie Boys, Silverchair, Public Enemy, the Prodigy, the Black Eyed Peas, Foo Fighters, Powderfinger, Coldplay, New Order, the Strokes, Sonic Youth, Kings of Leon and many, many more. Its fabric has been marked by cheap wine, fine Champagne, cocktails, beer, coffee, pizza, hamburger, cigarette ash, and other substances. Once, it was touched by fire. (Some electronic artists have a fondness for arson.)

With the biggest names in music and juicy backstage anecdotes, *Real Wild Child* is packed with real wild moments, rock and roll tales, and plenty of secrets from the couch ...

- An unputdownable tell-all about the world's biggest musical acts and their surprising, outrageous, bizarre and often hilarious antics on the 'rage' couch
- Packed with backstage anecdotes, music industry gossip, and lots of insights from a writer who is a keen observer of people – a juicy read for music lovers!

Narelle Gee was the *rage* head programmer for fourteen years, and has been described by the *Sydney Morning Herald* as 'Australia's foremost authority on music video'. Prior to working in TV she was a print journalist. She lives in Sydney and is currently working as a freelance journalist.



Blood, Sweat and Beers

MURRAY ENGLEHEART

Entertainment
November 2010
9780732289355
234 x 153 mm PB
480pp
Rights: World

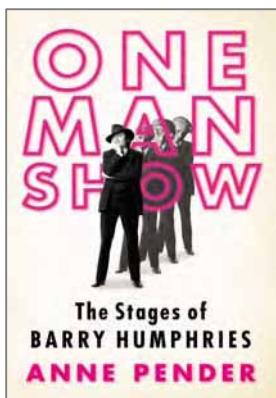
The heavy hitters of Oz Rock – The Angels, Rose Tattoo and the Aztecs – crank up the volume in Engleheart's next bestseller

It all began in the late 1960s when Lobby Loyde was blowing up amplifiers on such a regular basis that equipment had to be specially constructed. King of the Sunbury festivals, former child star Billy Thorpe then took massive amplification to another level, making history along the way when his band the Aztecs pulled as many as 300,000 people to the Myer Music Bowl in Melbourne.

Rose Tattoo somehow cranked everything up even higher and became the loudest, most threatening band to ever stalk the earth. Banned from TV show Countdown, they often played in prisons and occasionally had to fight, microphone stands in hand, to get out of the very venues they'd performed in. Then, of course, there were The Angels, Australia's number-one live drawcard, who turned venues across the country into jam-packed rallies.

Featuring interviews with all the major Australian players and international heavyweights, Murray Engleheart hands out the earplugs and the morning-after aspirin on a tour through the bar-brawling, riot-inducing and occasionally gun-toting Oz rock culture.

Murray Engleheart, one of the most respected rock journalists in the country, has written for countless magazines all over the world for three decades. He is also the co-author of the bestselling *AC/DC: Maximum Rock And Roll*.



One Man Show: The Stages of Barry Humphries

ANNE PENDER

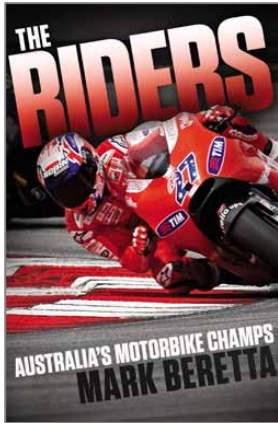
Biography
September 2011
9780733325915
234 x 154mm PB
464pp
Rights: World

A compelling, incisive and thoroughly entertaining biography of comic genius Barry Humphries

Barry Humphries is perhaps the greatest comic genius of our age. Satirist, comedian and burlesque entertainer, he enthralled audiences across the globe. As housewife megastar Edna Everage, he savages – and enchants – all in his path. His shambolic diplomat, Les Patterson, shocks and titillates, while Sandy Stone, poignant chronicler of suburbia, can bring audiences to tears. Yet Humphries, the man, remains an enigma. In his fifty years performing, he has avoided scrutiny of his true self-and the influences that help shape his characters.

One Man Show examines the life, and the aspirations, of this enormously talented artist. From his youthful pranks on the staid streets of Melbourne, the phenomenon that was Barry Mackenzie, and the dark years of alcoholism, through to his successes on television and Broadway, this finely drawn portrait reveals the truth of Humphries' world. It is the definitive story of a mysterious individual and his theatrical magic.

Anne Pender lectures in theatre studies and literature and has written many articles on Barry Humphries and his work. She lives in Armidale.



The Riders:
**MARK BERETTA AND
NEIL CADIGAN**
Motor Sports
August 2010
9780732283704
234 x 153mm PB
320pp
Rights: World

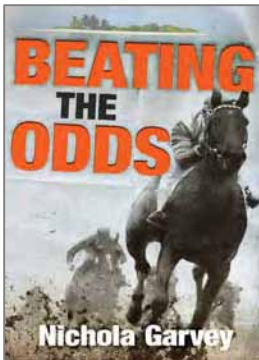
**The stories of the great Australian motorbike champions.
For the love of freedom, speed and adrenalin.
To be the quickest of all.**

Australia's love affair with motorcycle racing and its fearless heroes was meant to be.

Two things have made it so enticing. The first is the inherent love of freedom, speed and adrenalin – that wild feeling of the wind whipping your face as you fight to take the machine as fast as it can go. The second is the ingrained Australian desire to test ourselves against the rest of the world – to be the quickest of all.

Australia has produced twenty-four world champions in everything from Superbikes to Supercross. Names like Gardner, Doohan, Beattie, Stoner, Reed and Vermeulen have forged an impressive tradition. Their stories – the building of Australia's motorbike-racing tradition – are tales of great characters, extraordinary courage, bizarre dangers and passionate victories.

Mark Beretta has won international awards for sports commentary and reporting. He's also the veteran reporter, commentator and host of four Olympic Games. During the 1980s, before turning his attention to sports journalism and broadcasting, he was a ten-time Australian water-skiing champion.



Beating the Odds
NICOLA GARVEY
Biography
February 2010
9780732290979
234 x 153 mm PB,
352pp
Rights: World

The high-stakes story of Australia's largest private bookmaker

Beating The Odds is the exclusive biography of SP bookie Alan Tripp, a man some call a genius and others call a criminal. With an estimated fortune nearing the \$500m mark, his was one of the most successful illegal bookmaking businesses in the world.

As a starting price (SP) bookie, Tripp's life was a roller coaster of high-flying, high stakes gambling with the weight of bankruptcy never far behind. Changing fortunes were only part of the nerve required to maintain a book, more important were the people skills necessary to navigate the unpredictable personalities of Australia's most feared gangsters, prominent businessmen and desperate punters about to lose it all ...

During the 1980s, when authorities decided to stamp out the illegal bookmaking industry forever, Tripp knew his days as an SP bookie in Australia were numbered. Non-stop police surveillance, 17 convictions and the prospect of jail imminent, Tripp left Australia for the tax haven of Vanuatu. Over the past 15 years Tripp not only maintained his Australian client base but grew it to become one the largest private bookmakers in the world, rivaled only by the UK's Victor Chandler. This is not just a story of rags to riches. It's also a story about outwitting the system and beating the odds.

Nichola Garvey graduated from LaTrobe University in 1996 after studying politics and languages, and spent the next seven years living and working in the UK and travelling around Europe. She came home to Australia and decided to get more serious about her writing, enrolling in a Masters at UTS while working as an executive-search consultant.



The Gruen Transfer

JON CASIMIR

Non Fiction

November 2010

9780733327872

260 x 216 mm PB

288pp

Rights: World

With it's compelling, fascinating and downright gobsmacking insights into the advertising that surrounds us, *The Gruen Transfer* will forever change the way you see the world around you.

Did you know that Pizza Hut once spent millions of dollars trying to burn its logo onto the face of the moon? That the diamond engagement ring was a marketing gimmick invented by De Beers? That popes did celebrity endorsements?

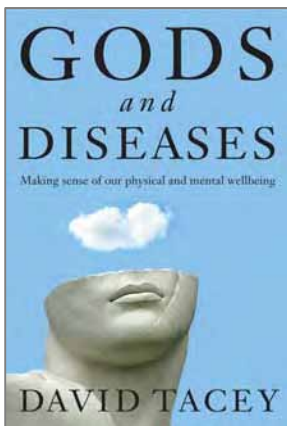
Advertising is everywhere.

It surrounds and submerges us. Industry rule of thumb says we are exposed to 3000 commercial messages a day.

The Gruen Transfer lifts the lid on the persuasion business, examining how advertising works and how it works on us. Fuelled by brilliant minds, cutting edge science, technological weaponry and a budget of \$500 billion a year, advertising seeks to influence our purchases.

Which leads to the question: when we reach for the detergent in the supermarket aisle, can we really be sure our thoughts are our own?

Jon Casimir writes on popular culture and technology and is currently producing *The Gruen Transfer* for Zapruder's Other Films.



Gods and Diseases

DAVID TACEY

Religion/Philosophy

February 2011

9780732292171

234 x 153 mm PB

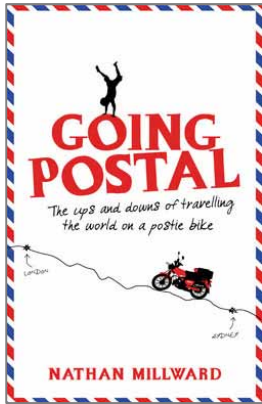
256 pp

Rights: World

'Spiritual' forces aren't otherworldly or spooky things – they're the deeper emotional and psychological currents of this world. They are demystified in this book as the subtle and hidden forces that define human existence at its depths.

There are many problems in today's society that cannot be resolved by the applications of reason, logic or medical science. These include child abuse, alcoholism, drug addiction, and suicide. Numerous mental health problems such as anxiety, depression, and phobias are rising dramatically and there seems to be no solution in sight. In this book, David Tacey argues that the solution lies in breaking free from the confines of modern medicine. Instead we must turn to spirituality, and to what Tacey calls 'meaning-making', to make sense of our physical and mental wellbeing.

David Tacey is Associate Professor of Psychoanalytic Studies at La Trobe University, Melbourne. His special interest is the search for meaning in a postmodern world. This interest takes him into religion, health, depth psychology and culture. He is the author of 10 books, including *ReEnchantment* (2000), *The Spirituality Revolution* (2003) and *Edge of the Sacred* (2009). His books have been translated into several languages, including Spanish, French, and Korean.



Going Postal
NATHAN MILLWARD

Travel Writing
February 2011
9780733328060
210 x 135mm PB
288pp
Rights: World

Eat, Pray, Love meets *The Long Way Round* in this inspiring adventure story about a man called Nathan, an Australia Post bike called Dot, and everything that happened when they chose the road less travelled.

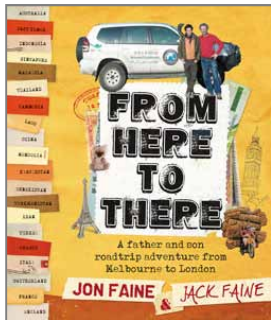
Nathan Millward had a dream – he wanted to ride across the world on a small motorbike. A decommissioned Post bike, to precise. But that was just something he liked to talk about, he would never actually go ahead and do it. Right?

When he learns that he has just twenty days to leave Australia before his visa expires, he has a choice to make: stay on illegally, or go back to England, leaving behind the girl he has fallen in love with. Stay or go? Then, much to his surprise, the girl comes up with a solution: he should make the trip he is always talking about.

With hardly any money, and protected by little more than a T-shirt, combat shorts, converse sneakers and a pair of welding gloves, Nathan hits the road on his clapped-out postie bike. From Sydney to Darwin, then through East Timor, Indonesia, Malaysia, Thailand, Nepal and India; onwards through Pakistan and China, then west through the 'Stans, Russia, Ukraine and the home run through Europe to England.

Going Postal has it all: foreign cultures, wrong turns, crazy characters and the kindness of strangers. Funny, inspiring and utterly compelling, it will have every reader asking themselves: if you put your mind to it, what can you achieve?

Nathan Millward was born and raised in the UK. He studied business and management at university, and went on to work in marketing, PR and journalism. After writing for university and local papers he found regular work as a car reviewer/road tester for an automotive magazine in England. Having worked freelance for a while he decided to head to Australia where he found work on ACP's performance car magazine, *Motor*. This is his first book.



From Here to There
JON FAINE & JACK FAINE

Travel/ Memoir
August 2010
9780733323874
250 x 192mm
192pppp, 4c x 4c
Rights: World

An intelligent, humorous travel tale that is also the story of a tender father-son relationship

Somehow, I convinced myself it was a good idea. Somehow, I convinced myself that it was do-able. Now I shake my head ...

We drove through the Gobi desert in Mongolia in a snowstorm, avoided an Iranian sedan doing cartwheels on the freeway near Tehran, wove around the shores of the Caspian Sea and navigated the desert in Turkmenistan.

We ate bark and ox blood and worms and pigs ears and eel and curries so hot we nearly fell off our chairs. We bribed police in five countries, ignored parking tickets in another six and got lost pretty much everywhere.

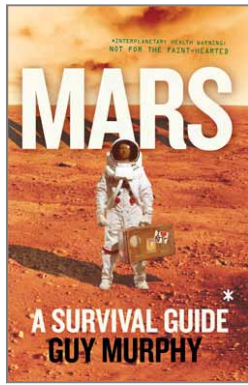
We squabbled over food and farting, snoring and sneezing.

It was total folly and it was the best thing you can ever do. I would do it again and I would not recommend it to anyone.

In April 2008, Jon Faine and his son Jack closed their door on their Melbourne home and leaving jobs, studies, family and friends, took six months and went overland to London in their trusty 4-wheel-drive. This intelligent and funny recount of the countries they visited, people they met and trouble they got into, is also the story of a tender father-son relationship.

'It's an amazing, life-changing journey, a series of great stories and adventures compellingly rendered' *Sunday Telegraph*

For ten years, **Jon Faine** has delivered thought-provoking and provocative radio to Victorians on his top-rating ABC Radio 774 show. He is renowned for his intelligence and wit, as well as his incisive interview style. He has also broadcast on Radio National and ABC TV.



Mars: A Survival Guide

GUY MURPHY

Popular Science

9780733324895

July 2010

210 x 135mm

256pp

Rights: World

Put on your space suit and prepare for take-off – you're going to Mars and everything you need to know about how to survive on the red planet is in this book

For thousands of years, humans have been fascinated by Mars, our closest neighbour in the solar system. The world's leading Mars researchers predict that within the next thirty years, a manned mission will be technically possible. But what do you need to know to survive the red planet?

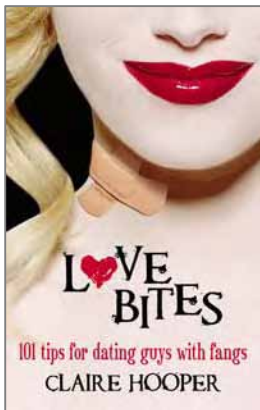
Covering every aspect of the journey and settlement of Mars, this book answers questions such as:

- What is the quickest route to Mars, and what will I need to pack?
- What will my new home look like and can I open the windows?
- How will I get around if there are no roads and no cars?
- Will my muscles start to weaken in the lower-gravity environment?
- If I'm away from the base and I need to go to the toilet, what then?
- Will a 30+ sunscreen be enough protection from Martian radiation?

Mars is a must-have guide for any aspiring space traveller.

'This is a fascinating read for anyone interested in the popular science genre, but it also complements a lot of science fiction titles' *Bookseller + Publisher*

Guy Murphy is the founder of the Mars Society Australia and served as its President between 2000 and 2005. He has participated in a number of scientific expeditions to Mars-like environments in outback South Australia and has spoken at Mars conferences in Australia, Europe and the United States. He lives in Melbourne.



Love Bites: 101 Tips for Dating Guys with Fangs

CLAIRE HOOPER

Humour

June 2010

9780733328831

129 x 199 mm PB

192pp

Rights: World

Girls obsessed with vampires will love this wickedly funny guide to dating guys with fangs, written by comedian Claire Hooper. It's the perfect follow-on read for fans of *Nightlight*.

We know that vampires exist, and that we really, really want one. So how can you score your own gorgeous immortal? And how do you keep a relationship alive when your partner is one of the eternal undead?

Claire Hooper has a wealth of experience when it comes to dating guys who can't go out in sunlight, aren't suitable to introduce to your parents, and quite possibly have blood on their hands. In *Love Bites* she shares her insider's knowledge, taking you from go to whoa to vampire ho by answering questions such as:

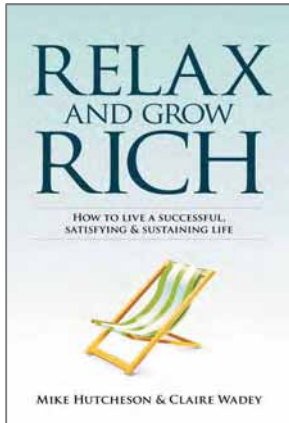
'He's been around for hundreds of years. Are there any pick-up lines he hasn't heard?'

'I know vampires are really into virgins. Can I just tell him I am one? Or will he read my mind and find out the truth?'

'If, like you say, he's watching me when I sleep, does that mean he's watching me when I pee?'

If it all goes according to plan, you'll also need to know how to wean him onto animal blood, where to put his coffin, and how to resolve that all-important eternal life question – will you, or won't you?

Claire Hooper is an award-winning standup comedian and writer. Her hobbies include pretending to know more than she does and giving unwarranted advice. No refunds if the 101 tips fail to deliver you a lasting vampire romance.



Relax and Grow Rich
CLAIRE WADEY &
MIKE HUTCHESON

Business/ Lifestyle
June 2010
9781869508586
210 x 130 mm PB
288pp
Rights: World

The only motivational book you will ever need. Well-written, pragmatic and grounded, everyman's guide to achievable wealth of spirit and the accumulation of and enjoyment of abundance in your life.

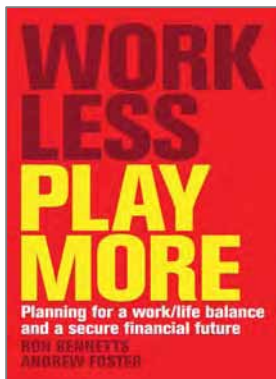
Relax and Grow Rich is simple, inspiring and life – changing.

Its objective is to help you to be as good as you can be. With wisdom, logic and illuminating examples, the authors share secrets of how you can relax and enjoy unleashing your imagination and unlocking your capacity for enrichment.

With a refreshing lack of gobbled gook, and in language which is compelling and never trite, this book provides practical advice for living a life less ordinary. It identifies ways for you to 'get in the zone' and find the 'flow' to create success; to know yourself, understand what you value, and to find your personality type, your strengths and weaknesses in order to maximize your potential. It explores how formal education can sometimes deter innovative thinking, and reinforces how anyone can nevertheless practise the skills and thought patterns required to enter the 'thought zone' of innovative thinking. It also reveals the secrets of effective teamwork in the workplace, and offers ways to set up work environments which aid creative, productive thinking.

Mike (aka Hutch) Hutcheson has founded or run a number of leading advertising agencies, including Colenso, HKM and Saatchi and Saatchi, and is currently Executive Director of Image Centre Group. He is the author of three bestselling titles.

Claire Wadey, a psychologist, is a former teacher and university lecturer who runs her own creative consultancy and is currently engaged primarily with raising her young family.



Work Less, Play More
RON BENNETTS AND
ANDREW FOSTER

Business/ Lifestyle
9780733328718
210 x 135 mm PB
224 pp
Rights: World

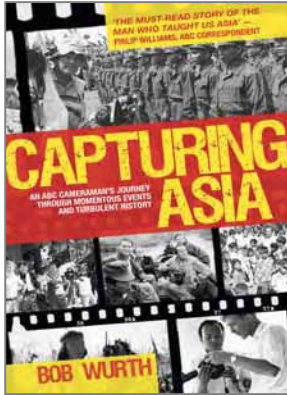
Step by step advice for planning for a financially secure future.

At the mention of the words 'retirement planning' and 'superannuation', many of us immediately pop such thoughts in the too-hard, think-about-it later basket. But the fact is, whether you are old or young, rich or poor, if you start planning now, you will be in a much better position to work less and play more!

Work Less, Play More strips the fear and confusion from the financial maze of retirement planning and shows you how to implement a strategic financial plan both to secure your future and enjoy today.

This step-by-step, easy-to-follow guide is packed with practical advice and insights that will set you on the path to a better work/life balance and a future free of financial worries.

Ron Bennetts is the senior vice-president of wealth management at Morgan Stanley Smith Barney. He and his team look after the strategic planning and investment needs of families, high net worth investors, super funds and not-for-profit organisations.



Capturing Asia

BOB WURTH

Politics/ Current Affairs

June 2010

9780733323539

153 x 235 mm PB

448pp

Rights: World

The excitement, danger and drama of life as a news cameraman recording history as it happens.

Cameraman Willie Phua has unflinchingly stood beside a bevy of ABC correspondents in Asia, recording murderous race riots in Singapore and Malaysia, genocide in East Pakistan, bloody coups in Thailand, the assassination of Indira Gandhi in India, the rise of People's Power in the Philippines and the war in Afghanistan. He was on the spot for the revolution that overthrew Marcos in the Philippines, and his video record of a young protester challenging the tanks in Tiananmen Square is legendary. In the course of more than thirty years at work he has earned the unstinting admiration of just about every ABC journalist taken under his wing, and they consider him the man who 'taught them Asia'.

With unprecedented access to the Phua dynasty of cameramen, ABC correspondents and the ABC archives, author Bob Wurth brings to life all the excitement, danger and drama of life as a news cameraman recording history in this most volatile part of the world.

- Brings to life all the excitement, danger and drama of life as a news cameraman recording history as it happens.
- Records modern Asia in all its beauty, passion and fury – from the assassination of Indira Ghandi, to the revolution that overthrew Marcos.
- Includes incredible footage from the ABC photography archives – Willy Phua's video record of the 'tank man' in Tiananmen Square is legendary.

'The must-read story of the man who taught us Asia' – Philip Williams, ABC Correspondent

'A story you will long remember and a reminder of the dangers faced by correspondents' *Illawarra Mercury*



Red Square Blues

KIM TRAILL

Travel/Memoir/
Current Affairs

September 2009

9780732285661

234 x 153 mm PB

400pp

1 x 16-page colour
pic section

Rights: World

A beginner's guide to the decline and fall of the Soviet Union

Kim Traill arrived in the Soviet Union in 1990 with a smattering of local vocabulary, a love of classical Russian music and a swag of youthful idealism about the great Communist experiment. It would take some time for the scales to fall from her eyes.

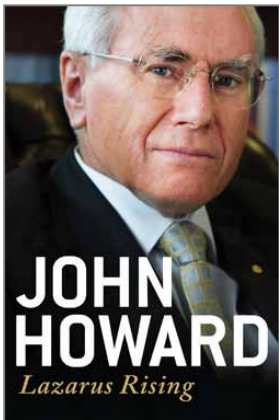
Along the way she would discover a Russia few tourists know about, a country both surprising and brutal. She would eat some of the world's worst food (especially for a vegetarian), encounter some of the globe's scariest toilets, meet some highly hospitable people – and many seriously dodgy ones – and follow the lives, aspirations and changing fortunes of a wide spectrum of friends and acquaintances: Olga, a former patriot, who embraces religion and her job at IKEA; Nadia, a Jewish friend whose life has been turned upside down by the State; Tina, who married one of Russia's flamboyant new billionaires; and Rafael, the enigmatic Tatar who cuts hair and dreams of being president of his own republic.

A lively account of a decade spent discovering Russia, bad food, fatalist mentality, thuggish billionaires and all.

'This is a marvellous book with a coherent narrative and a deeply sympathetic view of the plight of the former Soviet states and their citizens.' *Good Reading*

'an absorbing and well documented social history' *Sun Herald*

Freelance film-maker **Kim Traill** got her start in documentary making with *Race Around the World*, where she was runner-up. She has worked for SBS's *Dateline* and ABC's *Foreign Correspondent* where she specialised in stories about the Soviet Union. Kim has spent much of the past 16 years travelling through Eastern Europe, Afghanistan and the US. She lives in Sydney with her son, Nik.



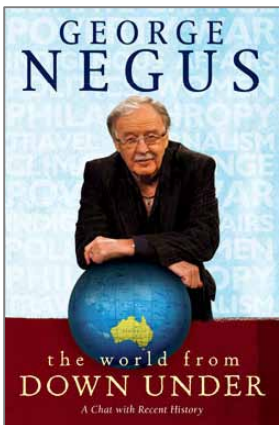
Lazarus Rising
JOHN HOWARD
Memoir
November 2010
9780732290399
234 x 153mm HB
512pp
3 x 8-page colour pic
sections
Rights: World

Australian politics through the eyes of the ultimate insider

He has been one of Australia's most controversial prime ministers, leading the Liberal Party to victory over four elections and becoming the second-longest serving PM in the country's history. John Winston Howard is the face of the modern Liberal party, famously an economic radical and a social conservative, whose ideology has united many Australians and divided just as many others.

But what most people forget is that long before he became Prime Minister, John Howard was a politician; this book looks back over 30 years in politics, and at the changes he has seen both inside and outside the government in that time.

From his modest beginnings, to his early interest in the Liberal party, to his time in the wilderness of the Coalition's opposition years, to a victory almost no-one had predicted, and onto some of the most tumultuous years in our recent history, this is history seen through the eyes of the ultimate insider. Here, Howard tells how he responded on issues as disparate as gun control, East Timor and the relationship with Indonesia, the aftermath of 9/11, and asylum seekers. He takes us through his life and his motivations and through the forces which have changed and shaped both him and the country he ran for eleven years.



**The World From
Down Under**
GEORGE NEGUS
Current Affairs
November 2010
9780732276249
234 x 153mm PB
320pp
3 x 8-page colour
pic sections
Rights: World

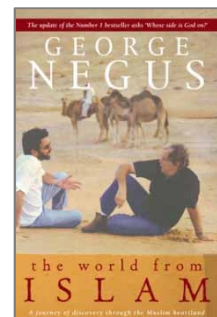
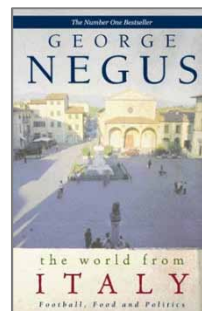
One of Australia's most respected journalists turns his unflinching gaze to the big issues which affect us all

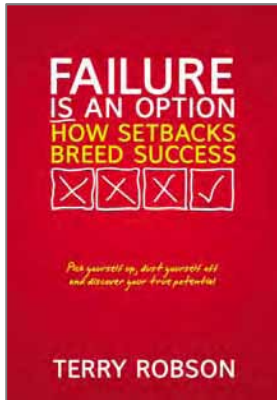
In his bestselling books, *The World From Italy*, and *The World From Islam*, George Negus gave us his unique, perspective on issues as varied as football and the Muslim faith. Now, in the forthcoming *The World From Down Under*, he tackles the big issues of the day, the things which concern, perplex and provoke us.

In a 'journalist's journal' George takes on climate change, poverty, war, indigenous affairs, politics, philanthropy, the role of women – and some lighter stuff. He talks about how Australia is regarded by the rest of the world and how the rest of the world is seen by us. He draws on his own travels and his extensive journalistic background, and he brings in some of the things he's learned from the world's movers and shakers.

An insightful look into what's right and wrong, good and bad, left, right, fair and unfair, equal and unequal, sustainable and unsustainable, tolerant and intolerant, about Australia.

George Negus is one of Australian television's most respected journalists. He is the author of *Across The Red Unknown, By George!*, and the bestselling *The World From Italy* and *The World From Islam*. George and his partner, Kirsty, and their two children live in Balmain, Sydney





Failure is an Option

TERRY ROBSON

Self Help/Personal Development
 September 2010
 9780733325489
 235 x 154mm PB
 288pp
 Rights: World

Want to be a success? Then you'll need to embrace failure first. This inspiring book by gives you all the insights and tools you'll need to pick yourself up, dust yourself off, and discover your true potential.

Everybody has experienced failure at some stage - and we will no doubt experience it again, perhaps many times. The question is: does failure get the credit it deserves?

In this inspiring and practical book, Terry Robson reveals how success cannot be achieved without a willingness to embrace failure - shows us the opportunity that failure presents us to reflect and reassess. He delves into the notion of failure from philosophical, psychological and spiritual perspectives, and provides the tools we need to not only cope with failure, but also to learn from it.

The insights of life coaches, psychologists, a Buddhist nun, a Christian minister and even a Sufi counselor are interspersed with interviews with people who have succeeded after failure. This book is an indispensable guide to picking yourself up, dusting yourself off, and discovering your true potential.

- An inspiring, deeply practical and thought-provoking twist on books about success
- Spans personal development, business and spiritual issues
- Appealing to both men & women with entrepreneurial personalities, and those with interests in self-help/personal development

TERRY ROBSON appears on national television and radio, including ABC 702, as well as editing *Wellbeing* magazine and writing for a range of magazines and newspapers. He has a degree in psychology and is also a qualified naturopath. This is his fourth book.



Got difficulties? Get over it ...

The past can be a prison which traps us in the illusion that life is hard, that we are meant to suffer and that our fate is out of our hands. One day I decided that this was an extra burden that I could live without.

Bev Aisbett, acclaimed author of *I Love Me*, *Living With It*, *Taming The Black Dog* and *Letting It Go*, once again delivers the straight-talking, compassionate advice that has helped tens of thousands of people move past trauma and into hope.

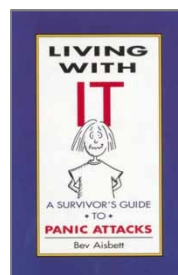
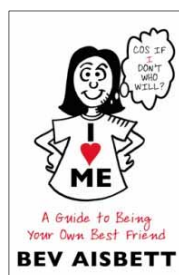
Get Over It is the perfect resource to help you feel more grounded in your ability to face the difficulties in your life.

Backlist rights sold: Chinese (Simple); Chinese (complex), Korean, Spanish, Japanese

Get Over It

BEV AISBETT

Motivational / Self help
 June 2010
 9780732291174
 198 x 128mm PB
 160pp
 Rights: World





Stainless
SHANNON LUSH
& TRENT HAYES
 Practical/Lifestyle
 May 2010
 9780733327919
 180 x 128mm PB
 288 pp
 Rights: World

An essential household reference that shows you how to identify and remove stains cheaply and effectively

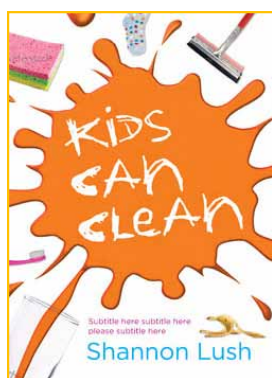
Using her encyclopaedic knowledge of stain-fighting formulas and chemical reactions, Shannon guides you through all you need to know to be able to diagnose and treat stains safely and effectively.

You will soon be an expert stain detective, and just like Shannon you'll be able to:

- work out the surface that's been stained
- identify the stain
- determine which solvents are going to work
- decide what method to use
- know what to do if you stuff it up!

In a clear and conversational style, Shannon explains the uses for each of the items in your essential cleaning kit, and shares loads of her tried-and-true grime-fighting formulas.

'No matter what the spot or stain, Shannon Lush can tackle it' *Canberra Times*



Kids Can Clean
SHANNON LUSH
 Practical /Parenting
 December 2009
 9780733324130
 178 x 128mm pb
 96pp
 Rights: World

Kids CAN clean with Shannon Lush, every parent's best friend.

It's true – kids CAN clean! And if anybody knows how to make it happen, it's the Domestic Guru, Shannon Lush.

This illustrated book for children covers everything from removing the squashed banana in your schoolbag, to tidying up your bedroom, personal hygiene (or why you should take your finger OUT OF YOUR NOSE), to cleaning up after your friends.

Cleaning can be fun with Shannon Lush and her simple but effective tips for children of all ages.

Includes photos and illustrations and written in a lively, bubbly style to appeal to children aged 7 and over.

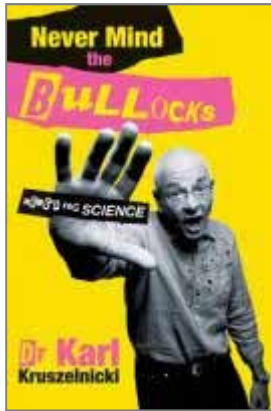
- Previous books have sold over 650,000 copies in Australia and New Zealand.
- *Spotless* rights sold to US, UK, Italy, Brazil, Norway, and Slovenia

'Must-read' *Daily News*

'There is some of the practical chemistry involved and some lovely cleaning tips ... Can't go wrong, really.' *Weekend Australian*

Never stumped for an answer to a domestic disaster, radio personality, wife, mother and grandmother **Shannon Lush** became a 'surprise' celebrity in late 2005 with the publication of her first book *Spotless*, co-written with Jennifer Fleming. Shannon is now a household name. She appears regularly on TV and radio programs in Australia and New Zealand and she contributes advice columns to several newspapers and magazines.

Trent Hayes is a writer, business coach and consultant



**Never Mind the Bulllocks,
here's the Science
DR KARL KRUSZELNICKI**

Popular Science
November 2009
234 x 153 mm
256 pp
b/w illustrations
throughout
Rights: World



**Science Is Golden,
Please Explain,
Great Mythconceptions,
Dis Information,
It Ain't Necessarily So
DR KARL KRUSZELNICKI**

Popular Science
November 2004/ 2005/
2006/ 2007/ 2008
234 x 153 mm PB
256 pp
b/w illustrations
throughout
Rights: World

He's back ...

Dr Karl has taken on Santa Claus, atom bombs, 'friendly' dolphins and 'killer' whales, meteors, black holes, string theory and camel's humps. In his 27 mega-selling books, he demolishes myths, tells readers how to spot bogus science and advises readers to be wise, sceptical and to always challenge authority. Now, in his 28th book he continues his crusade to keep the world a rational place by answering vital questions like 'Are white cats deaf?' and 'Will lemon juice make you slimmer?'

If you like your science fun and unpredictable, don't miss this new addition to the Dr Karl library.

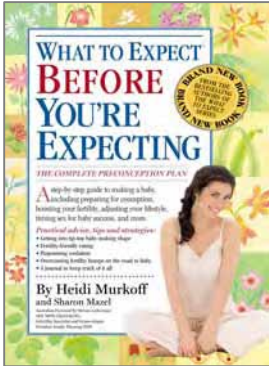
- Perfect gift for fathers and uncles who want to be absolute know-it-alls
- Perfect for young adults who want to make learning fun
- Impeccably researched and with an appealing sense of humour
- #1 celebrity science author in Australia. But these books have appeal beyond the author's profile – quirkily written and appealingly illustrated, this series stands alone too.

Dr Karl's previous book, *Science is Golden* has sold **63,000 copies**, *Please Explain* **70,000 copies**, *It Ain't Necessarily So...* **Bro 62,000**, and *Great Mythconceptions* sold almost **50,000 copies in two months** over the Christmas season . Dr Karl has also set the Australian Record for the most copies sold and signed in one signing (1162 books); and in November 2008 smashed the World Record for the most back-to-back live radio interviews!

Dr Karl Kruszelnicki is the Julius Sumner Miller Fellow at the University of Sydney. He appears on several ABC radio stations, the BBC, and is a regular on Australian TV and UK radio. Dr Karl has been awarded an Australia Day Honour for his work as a science communicator. Dr Karl's appointment as a Member of the Order of Australia (AM) is the latest in a long list of accolades for the former scientist, engineer and paediatric emergency doctor, including an Ig Nobel Prize for his belly button lint research. Karl, who describes himself as 'very mediocre as a scientist but pretty good at talking about it', says his real achievements have been in making a difference to people's lives, and getting teenagers interested in science.

Dr Karl appears weekly on both commercial and BBC radio in the UK – his regular science phone-in on BBC Radio 5 Live's *Up All Night* programme features Dr Karl answering the audience's science questions with the help of presenter Rhod Sharp. He also has a weekly half-hour spot on London's X-FM, from 7 to 7.30am on Alex Zane's breakfast show.

Backlist rights sold: USA (Andrews McMeel), Indonesian (BIP), Chinese Complex (Athena Press – Great Mythconceptions), Portuguese (Editora Fundamento), German (Piper Verlag), Bulgarian (Bard), Polish (Bauer-Weltbild), Hungary (Partvonal Kiado) , Korea (Goldenbough), India (HarperCollins India)



**What to Expect
Before You're
Expecting**

**HEIDI MURKOFF &
SHARON MAZEL**

Pregnancy/Health
May 2010
9780732290580
233 x 157 mm PB
288pp
Rights: World

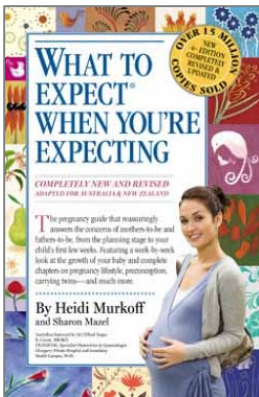
A step-by-step guide to making a baby, including prepping for conception, boosting your fertility, adjusting your lifestyle, timing sex for baby success, and more

The Complete Preconception Plan

A step-by-step guide to making a baby, including preparing for conception, boosting your fertility, adjusting your lifestyle, timing sex for baby success, and more.

Practical advice, tips and strategies:

- Getting into tip-top baby-making shape
- Fertility-friendly eating
- Pinpointing ovulation
- Overcoming fertility bumps on the road to baby
- A journal to keep track of it all



**What to Expect When
You're Expecting**

**HEIDI MURKOFF &
SHARON MAZEL**

Pregnancy/Health
April 2009
9780732286590
233 x 157 mm PB
640pp
Rights: World

With over 14.5 million copies in print, Australia's pregnancy bible *What To Expect When You're Expecting* – now fully revised – is the iconic, must-have book for parents-to-be.

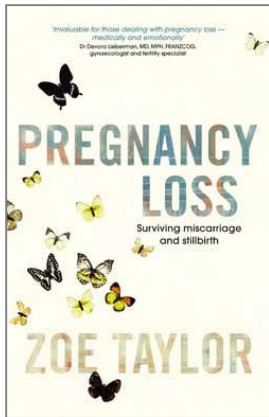
Heidi Murkoff conceived the idea of this best-seller during her first pregnancy, when she found that most books only added to her worries. A whole bookshelf of *What to Expect* titles followed, aimed at helping parents. Heidi writes for *Baby Talk* and *Parenting* magazines.

This new-look fourth edition is the book for a new generation of expectant parents. Its up-to-date information reflects what's new in pregnancy and what's relevant to today's pregnant women. Heidi Murkoff has rewritten every section, answering dozens of new questions and including new by-demand material, such as detailed week-by-week fetal development guides in each of the monthly chapters, more on pre-conception, and a section on carrying multiples.

More comprehensive and reassuring than ever, the fourth edition incorporates the most recent developments in obstetrics and addresses current lifestyle trends: from tattooing and belly piercing to Botox and aromatherapy.

There's more than ever on practical matters: an expanded section on workplace concerns; physical - with more symptoms and more solutions; emotional – more advice on riding the mood rollercoaster; nutritional – from low-carb to vegan, from junk food-dependent to caffeine-addicted; and sexual – what's hot and what's not in pregnant lovemaking; as well as much more support for the expectant dad.

Overflowing with tips, helpful hints, and humour – a pregnant woman's best friend, this new edition is easier to use than ever before.



A book on pregnancy loss, dispelling the myths about miscarriage and stillbirth.

When a pregnancy fails, grieving parents often wonder why no one mentioned it could happen. Yet one in every four women will experience miscarriage or stillbirth.

Mother of two and journalist Zoe Taylor has survived repeated pregnancy losses. In this book, she shines a light on every aspect of this topic:

- The experience of pregnancy loss and the desire for answers
- What experts know about causes and risk factors, and new areas of research
- Strategies for facing a world that poorly understands pregnancy loss
- Trying again; pregnancy after a loss
- Deciding to stop trying
- Tips on how to support people going through pregnancy loss

Pregnancy Loss
Zoe Taylor

Health
February 2010
9780732288662
210 x 135mm PB
304pp
Rights: World

Pregnancy Loss: Surviving Miscarriage and Stillbirth is a book of courage, hope and survival. It will help all people touched by loss, including parents, partners, friends, family, researchers, doctors and carers.

Zoe Taylor is a UK-trained journalist with over ten years' experience as a health writer. She was Health Reporter for the *London Evening Standard* then joined the Australian *Daily Telegraph*, where she writes a popular weekly column. She lives near Sydney with her husband and two children. This is her first book.

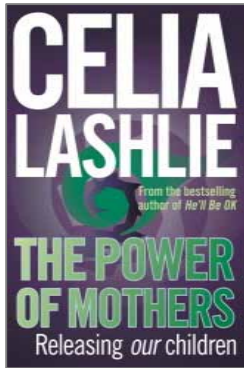
Parenting with Soul
SALLY COLLINGS

Pregnancy/ Health
April 2011
9780732291518
210 x 135 mm PB,
288pp
Rights: World

The only sense of wonder I have in my day is wondering how three kids can make such a mess.

Parenting with Soul is reverently irreverent; it's punchy, not pious; it's bright, zesty, joyous, provocative. It's about dangerous wonder, reckless faith, and living as though God was within you. *Parenting with Soul* won't tell you what to believe, but it will show you how to make spirituality part of your family's life. Think of it as a divine nappy bag: it contains everything you need to reclaim a sense of wonder and purpose in your life. The benefits will be a true gift of the heart for you, your partner and your children.

Sally Collings is the author of 2007 bestseller *Sophie's Journey*, and the 2009 releases *Positive* and *The World According to Kids*. With her husband Robert she is co-founder of Red Hill Publishing. She comes from a Christian faith tradition but delights in finding wisdom wherever it lives. Sally lives in Brisbane with Robert, their two daughters and one small black cat. Even as mother to a five-year-old and a six-year-old, she still managed to find the odd moment of serenity.



The Power of Mothers

CELIA LASHLIE

Parenting

October 2010

9781869508005

153 x 234 mm PB

224pp

Rights: World

A hard hitting look at our troubled society, the intergenerational cycle of crime and criminal families and the women who have the power to change things for the better – if we let them.

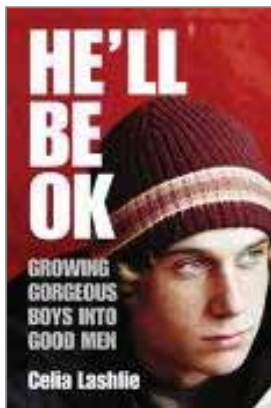
Take a pragmatic look inside the deep-seated issues underlying our appalling youth crime statistics. Examine the background of infamous cases of child abuse and violent crime and the way in which we as a society have traditionally handled – or some would argue mishandled – children born into families caught up in intergenerational crime, poverty and abuse. By looking calmly and critically at what isn't working, Celia Lashlie brings her powerful insight and proven ability to tell it like it is to bear on the disheartening waste and impending social disaster our attitudes allow to continue. Her message is to encourage comfortable middle class families that these crimes are not being committed by 'criminals' children – they are all our children, and we are all responsible.

With heart rending insight, she follows the story of two small boys, aged eight and three, victims of the opposite of institutional neglect – and shows the destructive environment in which they live, weighed down by the attitudes teachers and police have towards them because of the family they come from.

The Power of Mothers is a searing wake-up call to voter and politician, parent and grandparent, social agency and lobby group alike. Stop smelling the coffee and look out the window - if you don't, tomorrow is coming all too soon, to a crime near you.

An internationally bestselling author, Celia has been a prison officer and prison manager, and has a degree in anthropology. Mother, grandmother, sought after speaker and social commentator, she now works in a freelance capacity and lives in Wellington.

www.celialashlie.co.nz



He'll Be OK: Growing Gorgeous Boys into Good Men

CELIA LASHLIE

Parenting

March 2007

9780732284503

210 x 135 mm PB

264 pp

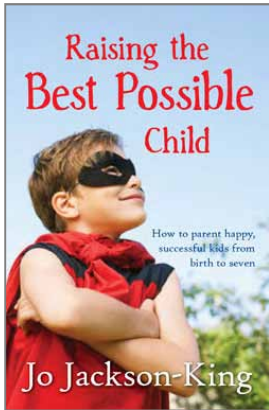
Rights: World

A handbook for mothers on the challenge of raising teenage boys.

How do you raise boys to men in a world where trouble beckons at every turn? How do you make sure they learn the 'right' lessons, stay out of danger, find a path to follow? How do you ensure they'll be OK? From the results of the Good Man Project, and her own experience as a mother and prison manager who sees the end result when the process goes badly wrong, Celia has applied her laser-sharp insight and no-nonsense perception to the issues of adolescent boys.

There are lessons for parents, and particularly mothers, that will be uncomfortable, but which need to be discussed and debated if we are to stem the tide of wasted lives, when young men fall off the bridge of adolescence before they become the men they could be.

- Level-headed, cut to the bone insight into an issue we can no longer afford to ignore
- 50,000 copies sold in New Zealand alone, plus 70,000+ in Australia.
- Rights Sold: Dutch (Tirion); UK (HarperCollins)



Raising the Best Possible Child

JO JACKSON-KING

Parenting

July 2010

9780733316302

210 x 135 mm

264 pp

Rights: World

An original and knowledgeable take on child rearing, using cutting-edge research it will show you how you can be the best possible parent and make sure that your child becomes the best possible person they can be.

Just what capacities does a child need to become the person – happy, resilient and wise – they want to be? And just what do we need to do to help our child be that person? Is it nature or nurture? Should parents focus on good behaviour, motivation or skill development? How important are education, eating, sleep and manners? How big a part does temperament play in who we become as adults? And how do we learn to be the best possible parents?

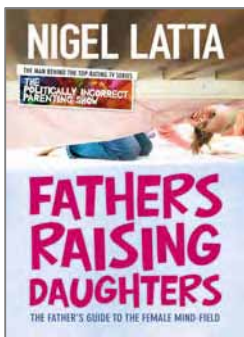
In this ground-breaking book, Jo Jackson King looks at three main branches of early child development research and finds that they all come up with the same answer under different terminology: what a child needs to be successful is to be able to manage stress, stay focussed, and navigate both their own and other people's emotions. To be, in short, emotionally 'savvy'. A quality that will stay with them throughout their lives if given to them early.

But how to instil this in your child? This book explains the best approach to helping your child become the best, happiest, and most successful person they can be.

- Cutting edge research presents a strong challenge to current parenting titles.

'this ground-breaking new book ... Is an utterly approachable and infinitely readable tool to navigate the world of parenting' *Daily News*

Jo Jackson King lives on a remote station at Austin Downs WA. In addition to being an author, she is a farmer and physical therapist who works with remote communities in the bush. Jo also broadcasts regularly on ABC Local Radio on the subject of parenting. She has three children. Her last book, *The Station at Austin Downs*, was a bestseller.



Father's Raising Daughters

Nigel Latta

Parenting

April 2010

9781869507879

210 x 138 mm PB

256pp

Rights: World

The incomparable Nigel Latta returns with the companion book to his bestselling *Mothers Raising Sons*

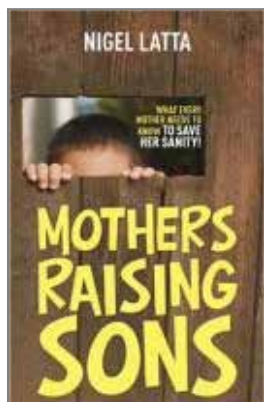
The father's guide to the female mind-field.

Why do girls giggle so much? Why does everything have to be pink? Why are they so scary once they hit puberty? How can I stop her from marrying an idiot?

All this and more is revealed, with some surprising conclusions about what we think we know about the differences between girls and boys, and taking a few bulls by the horns along the way. With practical examples and case studies to help all fathers raising girls, there's particular comfort for single fathers worried about the lack of women in their daughters' lives. Whether you're a dad, a harassed grandparent, or a guardian raising girls who may not be your daughters but are your girls all the same, this book's for you. And mums will find it handy as well.

If you want effective strategies instead of platitudes, real solutions instead of catch-phrases, and a book with chapters on 'What dads want', 'Girl-talk: communicating with the other side', 'Mean girls – the new cult of bitchiness', 'Every dad's nightmare: sex, drugs, and parties', 'Puberty – it's not as scary as it seems' and 'How to be a cool dad', then welcome to the real world of raising girls.

Nigel Latta is a respected clinical psychologist, bestselling author, and father of two boys of his own, Nigel Latta specialises in working with children with behavioural problems, from simple to severe. A regular media commentator, he has presented two television series adapted from his books – *Beyond the Darklands* (which screens in both New Zealand and Australia) and *The Politically Incorrect Parenting Show* – and has a regular parenting segment on National Radio's *Nine To Noon*.



Mothers Raising Sons

NIGEL LATTA
Parenting
9781869507848
August 2009
210 x 135mm PB
224pp
Rights: World

Why are boys so noisy? Why do they break things? Why are they fascinated with things that can burn, blind and cripple them? Why do they lose the gift of speech and get so smelly at adolescence?

All this and more is revealed, with some surprising conclusions about what we think we know about the differences between boys and girls, and a few tilts at sacred cows. With practical examples and case studies to help all mothers raising boys, there's particular comfort for single mothers worried about the lack of men in their son's lives. Whether you're a mum, a harassed grandparent, or a guardian raising boys who may not be your sons but are your boys all the same, this book's for you.

If you want effective strategies instead of platitudes, real solutions instead of catch-phrases, and a book with chapters on 'What mums want', 'It turns out Dad's not lazy, it's in his genes', 'Throwing like a girl', 'Lion taming: managing boys' behaviour', 'How to be a cool mum' and 'Trouble in Shoe-topia', then welcome to the real world of raising boys.

Respected clinical psychologist, bestselling author, and father of two boys of his own, **Nigel Latta** specializes in working with children with behavioural problems, from simple to severe.

How do you raise well-behaved children in an increasingly badly behaved world?

For harassed parents struggling to understand why they end up screaming at their kids and tearing their hair out trying to make them understand that their behaviour has inevitable consequences, here is the ultimate guidebook! Practical, commonsense answers, easy to understand explanations and, most importantly, realistic strategies and appropriate behavioural modification tools that work, from a family therapist who has seen almost everything there is to see in the range of child behaviours – and knows all about 'arsenic hour'.



Politically Incorrect Parenting

9781869508654
Politically Incorrect Guide to Teenagers
9781869509088
Parenting
210 x 135mm PB
224pp
Rights: World

Written in down-to-earth language with many original and workable options for you to try, this book needs to be handed out at birth. An essential toolkit for the modern parent who knows it can and should be better than it is.

Rights Sold: Slovenia

Previous Edition Rights Sold: Spanish, Portuguese, Italian, Russian, Hebrew, Chinese (complex characters)

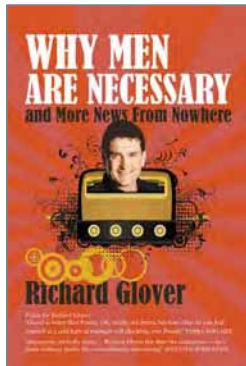
And now, Politically Incorrec Guide to Teenagers (Previous edition titled *Before your teenagers drive you crazy...*)

Once you've negotiated the terrors of toddlerhood and the perils of primary school you think you've got a pretty good handle on this parenting thing – then along comes Mother Nature with her horrible hormones and suddenly you're so far behind square one you're starting to wonder if this raging bundle of contradictions screaming at you was switched in the night by evil aliens.

With his now trademark humour and pragmatic common sense approach, Nigel debunks the politically correct nightmare of perfect parenting and argues for sanity first – yours – and reclaiming the ground parents have lost in the great 'I'm my child's best friend' debacle.

A pragmatic, no-punches-pulled style with realistic strategies for stressed parents

Coming in 2011: *Surviving High Maintenance Kids*



Why Men Are Necessary
RICHARD GLOVER

Memoir
October 2010
9780733329159
210 x 135mm
240 pp
Rights: World

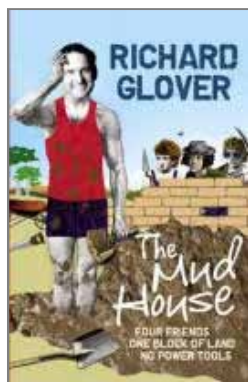
A new collection of hilarious stories from Richard's much-loved ABC radio show, *Thank God It's Friday*, in the style of his previous collections, *In Bed With Jocasta* and *Desperate Husbands*.

Meet the sexy and feisty Jocasta; confront teenage rebellion in the form of a fish called Wanda; do battle with magpies the size of small fighter jets; and try to work out which font you use when speaking the language of love.

In Richard Glover's stories, everyday life becomes vivid, magical and laugh-out-loud funny.

'Full-on, uncontrollable, laugh-till-you-weep stories. Glover has become the indispensable chronicler of Australian family life.' Geraldine Brooks

Richard Glover is the author of twelve books, including the bestsellers *In Bed With Jocasta*, *The Dag's Dictionary* and *Desperate Husbands*. He writes a hilarious weekly column for the *Sydney Morning Herald* and presents the *Thank God It's Friday* show on ABC Radio. To find out more, visit www.richardglover.com.au



The Mud House
RICHARD GLOVER

Memoir
October 2009
9780732290290
210 x 135mm
240 pp
Rights: World

Four friends, one block of land, no power tools

'One day,' Philip said, 'I'd like to build something bigger ... Like a house. We could just buy a block of land, you know, the four of us, and have a go.'

It was just an idea. Then it started to take shape. In this frank, funny and thought-provoking memoir, Richard Glover describes how he and his friend Philip and their partners built a house in the bush on weekends. It was a huge and exhausting undertaking ... not least because they decided to use mudbricks.

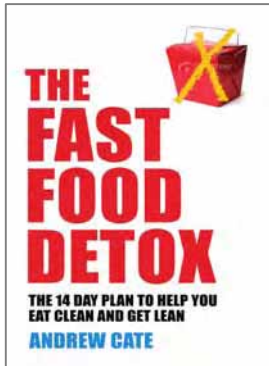
In the end it took three years simply to make the bricks. As for the house itself ...

But the process gave Richard the opportunity to examine things he had never quite reconciled to himself – big things like what it means to be a man, the nature of male relationships, fatherhood – and to challenge himself in the kind of blokey environment he had rejected.

Above all, the mud house proved that even if it 'wasn't the ceiling of the Sistine Chapel' there is nothing like the satisfaction of making something with your own hands.

- For everyone who's dreamed of getting away from it all on a country block on the weekend, building their own home, getting to know the locals ... or just had a go at putting up a garden shed.
- A frank, funny and fresh memoir about what it means to be a man ... timely and poignant
- Richard's previous memoir, *Desperate Husbands*, has sold to Italy and Poland
- 'Go ahead and open a page at random – you'll laugh out loud.' Augusten Burroughs, author of *Running with Scissors*, on *Desperate Husbands*





The Fast Food Detox

ANDREW CATE

Health

January 2011

9780733328022

210 x 135 mm PB

176pp

Rights: World

An easy-to-follow 14 day plan to help you beat your craving for convenience foods and get your health and weight back on track.

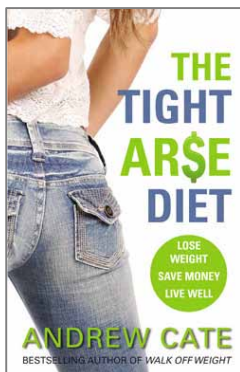
Fast food and prepackaged food is abundantly available and we eat far too much of it. In fact, we spend a third of our food budget on fast food – which is loaded with fat, salt, sugar, kilojoules and additives. And often these foods have virtually no vitamins or minerals for the kilojoules that come with them. Have you ever stopped to think about how often you rely on a takeaway for lunch or dinner? Or how often you get your food out of a packet? Or even how often you consume salty snacks, fruit drinks, soft drinks or alcohol?

Help is at hand! The fast food detox will help you to change your ways in just 14 days. Inside the fast food detox, you'll find:

- a 14 day meal plan designed to boost your health and strip body fat
- tasty recipes using the fast-food detox super foods to accelerate your weight loss
- why eating some foods in moderation is causing obesity rates to skyrocket
- a unique exercise plan that doesn't just burn kilojoules, it's specifically designed to remove existing stores of body fat.
- special considerations for comfort eaters, for children, and a plan to adapt your diet after the 14 day detox

Discover a new healthier you in just two weeks!

Andrew Cate is a weight loss author and public speaker on all matters relating to food, fitness and fat loss. His books are known for their practical and easy-to-follow advice, and includes titles such as *Walk Off Weight*, *Lighten Up* and *The H-Factor Diet*. He has also helped thousands of people transform their lives through his personal training and online weight loss coaching services.



The Tight Arse Diet

ANDREW CATE

Health

January 2010

9780733327773

210 x 135mm PB

160pp

Rights: World

Lose weight and save money at the same time!

A twist on the usual exercise and diet book - we're getting fatter and poorer by the day. We are slap bang in the middle of a financial crisis, and an obesity epidemic. But is there a common solution? Could an abdominal crunch save us from the credit crunch? Is it possible to save money and save your health at the same time?

Tight Arse offers practical advice and tips on how to lose weight on a budget. It covers diet, nutrition and exercise, and includes some tasty recipes. Each tip details how much weight you could potentially lose, and how much money you could potentially save on an annual basis.

this book makes weight loss achievable for anybody and any lifestyle' *Gold Coast Mail*

'The book is very practical. Cate's style is personal, and it's the sort of "diet" that could easily become a lifestyle' *Sunday Canberra Times*

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